

LVA's 5th Annual Handstand-a-Thon

Saturday, May 17th, at 5:00 p.m
Goal: \$10,000 and 3 hours!



Photo by Nancy Brooks Brody

Thank you so much for participating in the 5th Annual LAVA Handstand-a-Thon. We have set a goal of \$10,000 this year, so that we can continue developing the programming you have helped us create. This includes offering scholarships for our tuition-based classes, running our free Open Workout for kids ages 5-15 two days per week, and hosting Night of Renegades, our periodic open performance night. In June we will also have seven in-studio showings of LAVA's newest work-in-progress as well as a new youth performance night, "Magma Mix," hosted by our junior company, Magma.

Here are ways you can help us reach our goal:

1. Make a donation
2. Use the pledge sheet on the other side and ask get folks to pledge money for every second you spend on your hands or to make a flat donation
3. Help us get the word out and bring your friends on May 17th
4. Come stand on your hands and help us reach our time goal of a collective three hours. Whether your handstand is 10 seconds, 45 seconds, or even 2 minutes, all of it helps us reach our goal.
5. Become a "Handstand Spotter" by sponsoring a specific challenge, for example:
 - a. \$500 if we get 25 people do 30 second handstands at the same time
 - b. Match all money raised by anyone under the age of 12
 - c. Or come up with your own challenge and email it to: diana@lavalove.org

The night of the Handstand-a-Thon, there will be a short performance by some of our students and lots of handstands. The event is open to both kids and adults so anyone can contribute, either financially or by standing on their hands—or both! We plan to have a **collective three hours of standing on our hands**. People will be on their hands at the same time, contributing what they can.

We can't do this without you!

Use the other side of this sheet to track your pledges, and we will see you on May 17th at 5pm.

Online pledges can be made through our website by clicking the "Just Give" button on the contact page.

Mailing checks: If a sponsor would prefer to mail their pledge directly to us, have them send it to:

LAVA Studio
524 Bergen St
Brooklyn, NY 11217

Payable to: Volcano Love Inc.

All pledges should be collected and turned in by May 30th along with your completed pledge sheet

**** All donations are tax deductible to the full extent of the law ****

Thanks again!

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Handstander: _____ Time: _____

	Pledge's Name	Contact Email	Flat Rate	Amount/Second*	Total	Collected
1						<input type="checkbox"/>
2						<input type="checkbox"/>
3						<input type="checkbox"/>
4						<input type="checkbox"/>
5						<input type="checkbox"/>
6						<input type="checkbox"/>
7						<input type="checkbox"/>
8						<input type="checkbox"/>
9						<input type="checkbox"/>
10						<input type="checkbox"/>
11						<input type="checkbox"/>
12						<input type="checkbox"/>
13						<input type="checkbox"/>
14						<input type="checkbox"/>
15						<input type="checkbox"/>
16						<input type="checkbox"/>
17						<input type="checkbox"/>
18						<input type="checkbox"/>
19						<input type="checkbox"/>
20						<input type="checkbox"/>
Total Collected:						

The night of the Handstand-a-Thon, our goal is 180 minutes of people on their hands. Pledge a flat rate, or money per second your pledgee spends on his/her hands. *(e.g. \$1/second = \$20 if your person stays up for 20 seconds) The average handstand lasts 45 seconds.

Please return the form and all money collected by May 30th to: LAVA Studio • 524 Bergen St • Brooklyn, NY 11217.

You can also return the form on the day of the Handstand-a-Thon.

Of course you can also use more than one pledge sheet if you fill this one ☺