



## CLASSES & WORKSHOPS

LAVA classes serve youth and adults who seek the inspiration, transformation, and joy of physical accomplishment. Classes teach a basic yet rigorous movement vocabulary that uses acrobatics to improve strength, flexibility, and coordination; by learning group action and partnering techniques, students also gain communication and conflict-resolution skills that are invaluable in all walks of life.

Unlike traditional gymnastics or dance classes, the LAVA method focuses on connection with our physical, social, creative, and intellectual selves. Teachers have trained in Chinese acrobatics with Mr. Lu Yi and the San Francisco Circus Center, and classes incorporate instructors' experience in dance, improvisation, theater, capoeira, yoga, martial arts, and body awareness.

## GENERAL INFORMATION

**SCHEDULING:** Classes are taught in 12- to 13-week sessions between September and June, with occasional workshops also available during the year and summer. Open rehearsals, Night of Renegades, Magma Mix, and other community programs occur throughout the year. For exact dates and schedules, please visit [www.lavalove.org](http://www.lavalove.org).

**PRICING:** Sessions range from \$235 to \$325, with a 10% discount on an individual or family's second class and each additional class. Please see current schedule for details. We offer work-study for adults and scholarships and financial aid for kids, so no one will be turned away from classes for lack of funds. Community programs are free with suggested donation.

**LOCATION AND DIRECTIONS:** The LAVA Studio is located in Prospect Heights at 524 Bergen Street (between 6th Avenue and Carlton). Take the 2 or 3 to Bergen Street, the B or Q to 7th Ave, or any Atlantic Avenue subway.

## REGISTRATION

New Student     Returning Student (contact info on file)

Student's Name \_\_\_\_\_

Student's Date of Birth \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (1) \_\_\_\_\_ (2) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Fall 09                       Winter 10                       Spring 10

Class \_\_\_\_\_ Day/Time \_\_\_\_\_ Fee \_\_\_\_\_

Class \_\_\_\_\_ Day/Time \_\_\_\_\_ Fee \_\_\_\_\_

Class \_\_\_\_\_ Day/Time \_\_\_\_\_ Fee \_\_\_\_\_

Class \_\_\_\_\_ Day/Time \_\_\_\_\_ Fee \_\_\_\_\_

Discount (if applicable) \_\_\_\_\_

Please contact me about receiving financial aid \_\_\_\_\_

ROUND-UP (donation for our Scholarship Fund) \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_

### ADDITIONAL INFORMATION

To reserve your spot in a class, please send a deposit of \$150 per class or full payment. The remaining balance is due the first week of class. Fees may be paid in cash or check. Please make checks payable to LAVA. A 10% discount is available on an individual or family's second class and each additional class.

We will confirm your enrollment via email once we receive your registration and payment.

### FOR OFFICE USE ONLY:

QB

JR

EM confirmation